

Honey Apple Salad

Ingredients

Mixture:

- 3 cups chopped apples
- ½ cup grapes cut in half
- ½ cup chopped celery
- ½ cup chopped walnuts
- ½ cup chopped dates (optional)

Dressing:

- ¼ cup sour cream
- ¼ cup honey
- Pinch of salt

Directions:

- Combine the chopped apples, halved grapes, chopped celery, chopped walnuts, and chopped dates in a bowl to form the mixture.
- In a separate bowl blend the sour cream, honey and salt into a dressing.
- Pour the dressing over the mixture and lightly toss.
- Chill before serving